



December Curriculum

At this point in the school year, the children are feeling very comfortable in their classroom setting. They are enjoying the learning opportunities provided and have all been working very hard. It is truly amazing to see how much each of them have grown!

This month we will continue providing your child with a fun and challenging curriculum. December's themes include the concept of giving, sharing, friendships, Christmas, holiday foods and traditions along with letter review.

Christmas Party

We will have a Christmas Party on Friday, December 8th. Santa will be making a special delivery the night before that students can open on Friday during our party!

We will serve a pancake breakfast for our students beginning at 9:00 am followed by singing Christmas songs and a festive art project. If any parents would like to volunteer to bring in a special treat for the party, please reach out to your child's teacher so that they can plan accordingly.

Special points of interest:

- December Curriculum
- Christmas Party
- Reminders
- December Birthdays
- Upcoming Dates
- Parent Tips

*Important:

In order to participate in having Santa leave your child a gift, we are asking that each of you secretly bring in a new book, wrapped and labeled:

"To: Your child's name"

"From: Santa"

Please bring your book in by Tuesday, December 5th





Reminders

- Tuition is based on a 20 day month. Most months have 21 or 22 days. We make this adjustment by working in our school holidays. Tuition rates remain the same each month.
- Please sign your child in and out everyday. Do not let your child touch the sign-in screen.
- Please continue to label all of your child’s personal belongings, including: sweaters, jackets, bedding, and lunchboxes.
- If you love Storyland School, please share your experience at [yelp.com](http://www.yelp.com/biz/storyland-preschool-livermore) <http://www.yelp.com/biz/storyland-preschool-livermore>

Happy Birthday!

Landon Lemke	12/11
Scarlet Sexton	12/13



Upcoming Dates

December:

- Christmas Party Friday, December 8th at 9:00 am
- Storyland closed December 22nd for Teacher Work Day
- Storyland closed December 25th-January 1st for Winter Break
- Winter Session begins Tuesday, January 2nd

Coming Soon:

- Storyland will be closed Monday, January 15th for Martin Luther King Jr. Day
- Valentine’s Day Party Wednesday, February 14th
- Storyland closed Monday, February 19th for President’s Day



Parent Tips

Is Your Child's Lunchbox Safe?

If you're like most parents, you do everything you can to ensure your child's safety, never letting them ride a bike without a helmet and teaching them to cross the street only at a crosswalk. But, have you ever stopped to consider the dangers that could be lurking in their lunchboxes?

A study published by the American Academy of Pediatrics reports that less than 2% of all food items packed by parents for their children to eat are kept at safe temperatures.

To prevent your child's lunchbox from becoming a hazard zone, heed these tips for lunchbox.

Use an Actual Lunch Bag

Don't use a bag not meant to be a lunch pack, as these may not be insulated and will not keep temperatures low. While most parents and kids gravitate towards the prettiest bags, find one that actually works the best.

Find an Insulated Bag

Pack your child's lunch in an insulated lunch box, as this will keep the ice from melting too quickly. Also use an insulated container that can keep food hot until it's time for lunch.

Toss in a Cold Pack

Include at least one cold pack in your bag, even if you're packing a frozen liquid or snack. And toss old ones. Cold packs, both hard and soft, can leak hazardous chemical solvents. Throw away any ice pack that has a leak or tear immediately.

Throw Out Old Lunch Boxes

Ripped or torn lunch boxes should be discarded immediately, as these may no longer shield food from bacteria or keep items sufficiently cold.

Be Wary of High Protein Foods

High protein foods are bacteria magnets. These include meat, chicken, eggs, fish and yogurt. If you include these in your child's lunch box, make sure they are eaten within 2 hours if the temperature outside is below 90 degrees and 1 hour if the temperature outside is above that mark.

Mayo

Mayonnaise is not the culprit you think it is. The acid in mayonnaise actually helps to protect food from bacteria.

Pack a Small Bag

Opt for a smaller lunch box as these will keep colder longer. If your lunch box is large, fill it with more than one ice pack.

Keep it Clean

Wash your lunch box after every use with hot, soapy water and let it dry thoroughly. It is also recommended to air out lunch boxes in the open air if they take on a slight smell. If the smell doesn't fade, toss the lunch box immediately.

While it's impossible to protect children from every dangerous situation they encounter, at least keeping their lunch boxes clean, bacteria-free and safe is within the control of every caregiver.