

Storyland



MAY CURRICULUM

Our theme for the month of May is "Nature." It is important for children to explore, observe, and learn to care for the things found in nature, such as plants, insects, and animals. This helps children to respect and value the natural world around them. Our colors of the month are black and white, and we will also be working on the number 10. We have wrapped up all our letters-of-the-week themes and will continue to review A-Z throughout the month!



OPEN HOUSE

Join us on Friday, May 15 for Open House from 5:30 - 6:30 pm! Please note that we will close at 5PM on this day, and then we will reopen at 5:30 for Open House. Each class will be performing a song in their own classroom at the beginning of Open House. Immediately following the performance, you are welcome to take a look around your child's classroom, take pictures, and chat with teachers. Your child's academic and art portfolios from the school year, as well as end-of-the-year evaluations, will be available for you to pick up and take home. Graduation students will receive their scrapbooks on graduation day.



MUFFINS FOR MOMS

Friday, May 8th, we will be celebrating Mother's Day! Join us for muffins, fresh fruit, and juice for you to enjoy at drop-off time (7:00 - 9:00 AM). We will also have your Mother's Day gifts available to pickup. Please feel free to take this time to open your gift with your child and enjoy refreshments together!

DONUTS FOR DADS

Friday, May 22nd, we will be celebrating Father's Day a few weeks early before our school year ends. Join us for donuts, fresh fruit, and juice for you to enjoy at drop-off time (7:00 - 9:00 AM). We will also have your Father's Day gifts available to pickup. Please feel free to take this time to open your gift with your child and enjoy refreshments together!



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PRE-KINDERGARTEN GRADUATION

We are excited to celebrate our students who will be moving on to elementary school for TK and Kindergarten this coming fall. Our graduation will take place at 6:00 PM on Wednesday, May 27th. Storyland will close at 5PM on this day for this event.

Please graduation email for additional details.

We look forward to celebrating with all of you!

TEACHER APPRECIATION WEEK

May 4th through May 8th we are celebrating our favorite Oz-Some Storyland Teachers and Staff!



We are excited to celebrate Teacher & Staff Appreciation Week from **May 4th - May 8th!** Join in the fun and show appreciation for our OZ-SOME teachers & staff!

Let's show our teachers how much we appreciate all their hard work with a week-long celebration! Please check your email for more detailed information!

<p>MONDAY ELPHABA'S WISDOM Lift your teacher up with a kind note, card, or drawing!</p>	<p>TUESDAY GLINDA'S GOODNESS Bring your teacher something sweet!</p>
<p>WEDNESDAY DEFY GRAVITY Bring your teacher their favorite snack!</p>	<p>THURSDAY POPULAR Bring your teacher a flower that will make them feel special!</p>
<p>FRIDAY EMERALD CITY CELEBRATION Wear some green or sparkle!</p>	



MAY BIRTHDAYS

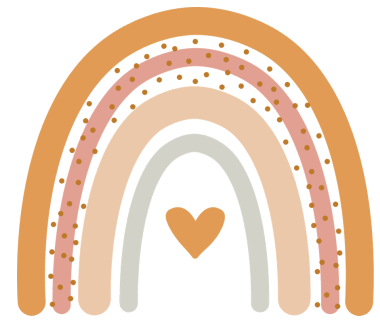
Mark Arnold	May 3
Hajun Cho	May 4
Aiden Vargas	May 9
Miss Brittney	May 13
Isla Wilson	May 17
Zayden Jhaveri	May 21
Miss Kayla	May 21
Olivia Cruz	May 28
Silas Ross	May 31

UPCOMING DATES

- Teacher Appreciation Week - May 4-8
- Muffins for Moms- Friday, May 8th (during drop off hours 7-9 AM)
- Open House - Friday, May 15th (Close at 5PM)
- Donuts for Dads - Friday, May 22nd (during drop off hours 7-9AM)
- Storyland will be closed on Monday, May 25th for Memorial Day
- Graduation - Wednesday, May 27th (close at 5PM)
- Last Day of the School Year - Friday, May 29th



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Parent Center Healthy. Fit Families

<http://families.naeyc.org/article/healthy-fit-families#sthash.hEDbbN4y.dpuf>

Children need to move their bodies and eat healthy foods. Families can promote healthy habits by encouraging children to eat nutritious foods and get some exercise every day. Here are some suggestions.

- Follow the nutrition guidelines for children under 6. Information on nutritious foods, portion sizes, and sample menus for planning snacks and meals are available free through the USDA.
- Plan a taste-testing event. Family members can taste and vote on new, healthy foods—veggie burgers, baby spinach, turkey hot dogs, whole wheat pasta, kiwis, and the like. Then make the favorites part of your regular menu.
- Eat meals together. You'll know what your child is eating, you can model appropriate choices and portion sizes, and you'll have fun talking and spending time as a family.
- Steer your child toward healthier choices at fast food restaurants. Look for salads, sliced apples, baby carrots, and low-fat milk in colorful containers.
- Give hugs and kisses—not food—for comfort and encouragement. This simple action helps children associate eating
- Healthy foods with taking care of themselves. They are likely to grow up to be adults who avoid using food as a reward or a way to cope with stress.
- Offer fun, healthy snacks. Ants on a log (celery sticks with peanut butter or cream cheese topped with raisins), sliced fresh fruit on a skewer, or raw vegetables and low-fat yogurt dip are favorites of many young children.
- Limit your children's screen time. Instead of watching television or playing on the computer, spend time together—go for a run, kick a ball around, ride bikes (or trikes), or take a nature hike.
- Teach your child to listen to his or her stomach. When children do this, they'll learn to know when they have had enough to eat. It takes 15 to 20 minutes after eating to know if you're really hungry for seconds.
- Walk instead of driving to nearby places. Leave the stroller at home. Park a few blocks from the store and walk the rest of the way. Get off the bus a stop or two away from your destination and walk the remainder.